# Time-use statistics Measuring unpaid domestic and care work

### Regional Workshop on Gender Statistics 6-8 May 2025 Cairo, Arab Republic of Egypt



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Statistics Division

### **Unpaid domestic and care work**

- 📌 Recognition
- Unpaid domestic and care work is essential to family and societal wellbeing.
- Disproportionate burden on women and calls for its visibility and valuation.

#### 然 Measurement & Data

- Calls for sex-disaggregated statistics, including time-use data.
- Recommends measuring unpaid domestic and care work

### 🚫 Policy Guidance

- Urges development of methods to value unpaid work.
- Supports use of data for evidence-based policies to promote:
- $\circ$  Gender equality
- $\,\circ\,$  Fairer distribution of care responsibilities
- $\circ$  Recognition in economic and social planning



### VALUE UNPAID CARE AND PROMOTE SHARED Domestic responsibilities

Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate.





Beijing Declaration

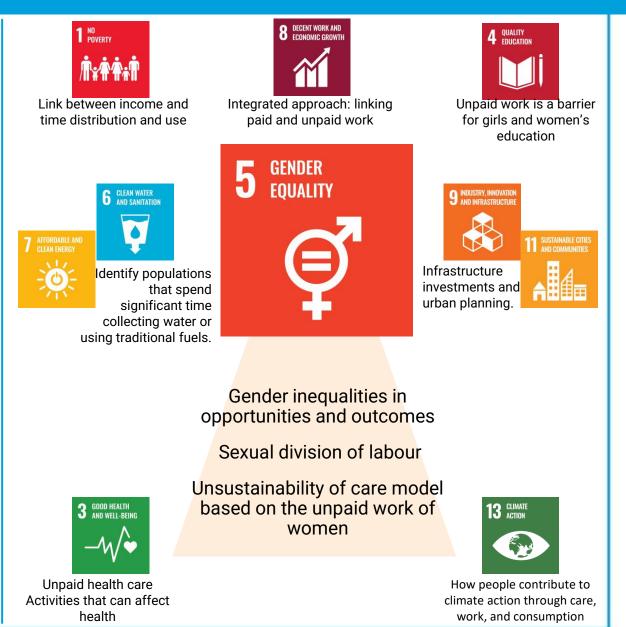
and Platform for Action



### **Time-use statistics**

**Time-use statistics** are **quantitative** summaries of **how individuals "spend" or allocate their time over a specified period** typically over the **24 hours** of a day

- What individuals in the reference population do or the *activities* they engage in.
- How much time is spent doing each of these activities.





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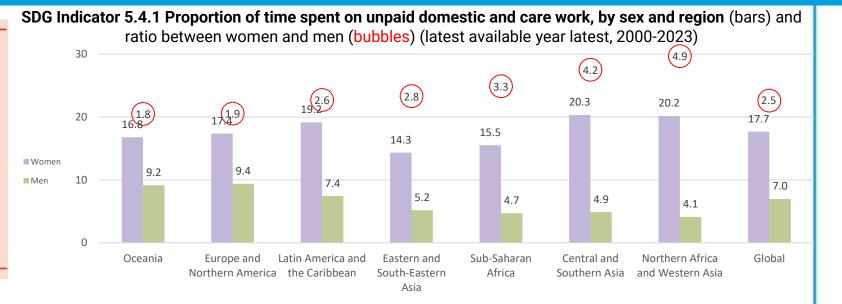
### Key facts on unpaid domestic and care work (SDG 5.4.1)

Strengthened care policies, services, jobs and infrastructure are required to recognize, reduce and redistribute the unpaid care and domestic work burden, which is primarily shouldered by women.

#### Globally, women spend

### 2.5 times

as many hours a day on unpaid care and domestic work as men, including: 3.1 times in sub-Saharan Africa and 4.9 times in Northern Africa and Western Asia.



### Proportion of countries reporting data on (bars) and proportion of population covered by (bubbles) indicator

5.4.1 100% 93% 94% • 78% 75% 80% • 65% 76% 60% 42% 53% 52% 50% 50% 49% 40% 29% 20% 21% 0% Oceania Sub-Saharan Central and Northern Africa Latin America and Eastern and Europe and Global Africa Southern Asia and Western Asia the Caribbean South-Eastern Northern America Asia

Due to the growing recognition of the importance of time-use data in informing diverse policies, **96 countries** currently report data on SDG indicator 5.4.1. However, there are still significant regional disparities.



Half of these countries have collected timeuse data as a one-time exercise, lacking a sustainable model to ensure which is crucial for designing and monitoring public policies.

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# International Standards and Tools

### **ICATUS 2016**





Guide to Producing Statistics on Time Use





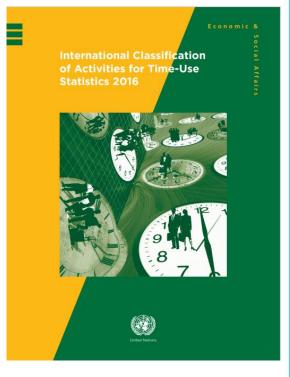
Minimum Harmonized Instrument





# ICATUS 2016

- O Hierarchical classification of all possible activities undertaken by the general population during the 24 hours in a day.
- Comparable with other existing time-use classifications
- Outcome of a review process that spanned several years and involved contributions from many time-use and classification experts around the world.
- Consistent with SNA to allow calculation of aggregates for satellite accounts.
- Solution concerning statistics of work, employment and labour underutilization, adopted by the 19<sup>th</sup> ICLS (2013).
- O Provides a framework to produce meaningful and comparable statistics on time use across countries and over time
- Important tool for monitoring progress made towards the achievement of the SDGs



The United Nations Statistical Commission endorsed ICATUS 2016 for use as an international statistical classification during its forty-eighth session

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## **ICATUS 2016 conceptual framework**

Human activities



	Lev	els	Digits	Name	Number					
	Fir	st	One-digit	Major Divisions	9					
	Seco	ond	Two-digit	Divisions	56					
	Thi	rd	Three-digit	Group	165					
	Major division		Activity							
	1 Employment and related activities									
	2	Produc	ction of goods for own f	final use						
	3	Unpaid	I domestic services for	household and family me	embers					
	4	Unpaic	l caregiving services for	r household and family m	embers					
	5	Unpaid volunteer, trainee and other unpaid work								
	6	Learnii	ng							
	7	Sociali	zing and communicatio	on, community participati	on and religious practice					
	8 Culture, leisure, mass media and sports practices									
	9	Self-care and maintenance								
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Major division	Division	Activity
3		Unpaid domestic services for household and family members
	31	Food and meals management and preparation
	32	Cleaning and maintaining of own dwelling and surroundings
	33	Do-it-yourself decoration, maintenance and repair
	34	Care and maintenance of textiles and footwear
	35	Household management for own final use
	36	Pet care
	37	Shopping for own household and family members
	38	Travelling, moving, transporting or accompanying goods or persons related to unpaid domestic services for household and family members
	39	Other unpaid domestic services for household and family member



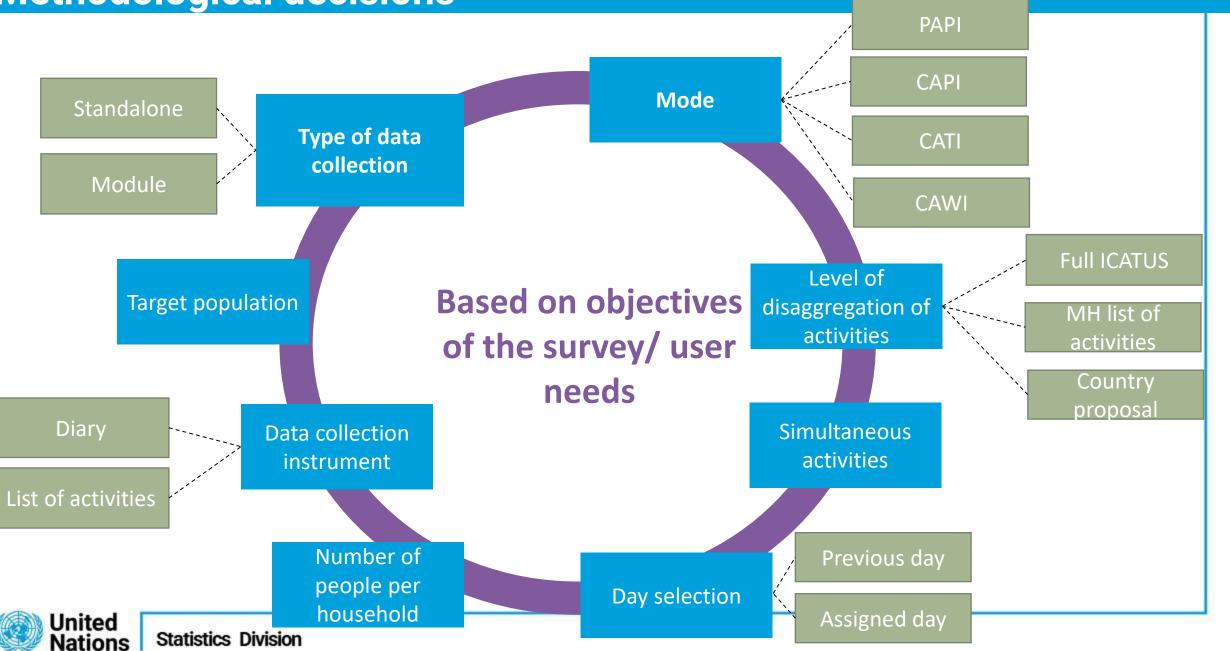
Major division	Division	Group	Activity
3			Unpaid domestic services for household and family members
	31		Food and meals management and preparation
		311	Preparing meals/snacks
		312	Serving meals/snacks
		313	Cleaning up after food preparation/meals/snacks
		314	Storing, arranging, preserving food stocks
		319	Other activities related to food and meals management and preparation



Division/ Group	Activity
311	Preparing meals/snacks
Definition	Refers to preparing food (meals/snacks) for household and family members.
Includes	Cooking Heated up some food Made meals, snacks, drinks for own children Preparation of coffee, snacks, aperitifs, meals and so on Prepared a lunch box
Excludes	<ul> <li>136 Providing paid domestic services</li> <li>221 Making, processing food products, beverages and tobacco for own final use</li> <li>312 Serving meals/snacks</li> <li>313 Cleaning up after food preparation/meals/snacks</li> <li>314 Storing, arranging, preserving food stocks</li> <li>511 Unpaid volunteer household maintenance, management, construction, renovation and repair</li> </ul>
Examples	Cooked dinner Prepared family lunches



### **Methodological decisions**

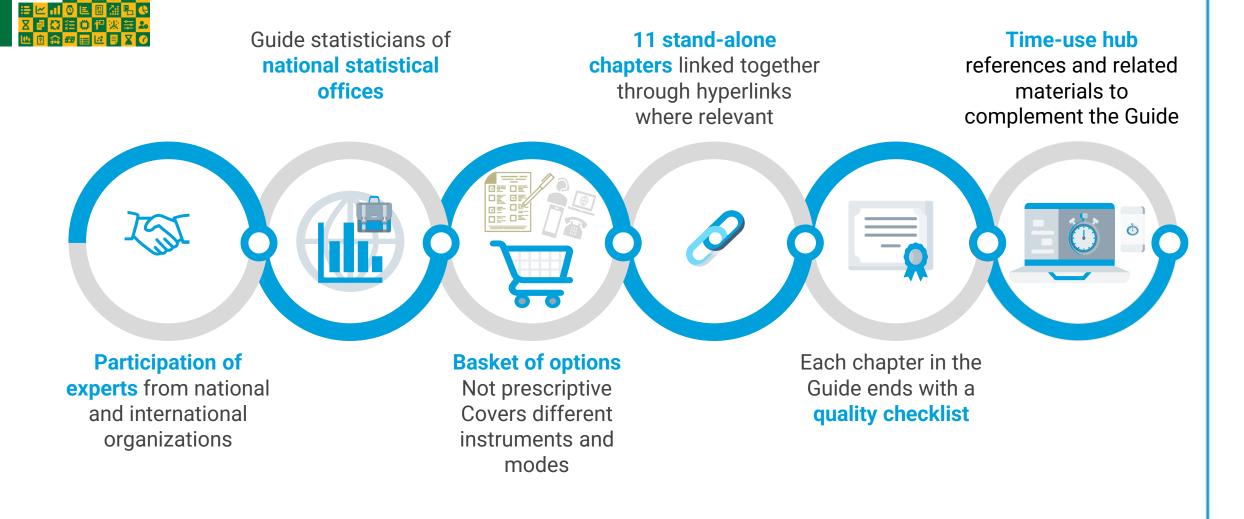




Guide to Producing Statistics on Time Use

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### UN Guide to Producing Statistics on Time Use



United

### UN Guide to Producing Statistics on Time Use

<u>ن</u>	I	Users' information needs for time- use statistics		Do Do	VI	Enumeration procedures for time- use surveys
Ø	II	Scope and coverage of time-use data			VII	Processing of time-use survey data
	III	Survey instruments for collecting time-use data		Ţ	VIII	Weighting and estimation for time- use surveys
	IV	Survey frameworks for collecting time-use data		≝₩	IX	Preparation of survey outputs
	V	Sample designs for time-use surveys			Х	Dissemination of time-use data
		XI Ensuring quality of	time	-use da	ata a	nd surveys
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### Paper full diary with fixed intervals: HETUS 2018

	What were you doing?	What else were you doing?	Did you use a com- puter, smart device,	Where	e were you?	Were you alone or together with somebody					
		Record the most important parallel activity.	internet, online tool, or similar tech-	Record t transpor	he location or the mode of t.	you know? Mark "yes" by crossing					
	Only one main activity on each line!		nology or device for	-	ome, at friends' home, at	Alone	With	other hou		hold members Other	
	Distinguish between travel and the activity that is the reason for travelling.	Use an arrow, citation	doing this? Yes	shop, on	it workplace, in restaurant, in foot, on bicycle, in car, on ke, on bus,	(or with unknown persons)	Partner	Parent	<b>Children</b> (up to 17 years)	house- hold member	persons that you know
07:00-07:10	Got out of bed	marks or the like to mark an activity that takes	. [	At hon	ne		k				
07:10-07:20	Took a shower	longerthan 10 minutes.	<b>`</b> `			X					
07:20-07:30	I X					Ŀ					
07:30-07:40	Made breakfast	Talked to my wife		Ľ '			k				
07:40-07:50	I X	I X					k				
07:50-08:00	Had breakfast	Read online newspaper	k				k				
08:00-08:10	I X	I X	k				k				
08:10-08:20	I X	I X	k				k				
08:20-08:30	Cleared the table	Listened to the radio	0				k				
08:30-08:40	Dressed	I X				x					
08:40-08:50	I X	I X				k					
08:50-09:00	Waited for a taxi to go to doc	Talked to my wife		•			k				
09:00-09:10	Went to the doctor			Taxi		x					
09:10-09:20	Waitin in doctor's wating roor	Listened to the music	k	Doctor	r's waiting room	k					
09:20-09:30	Had a medical examination			Doctor	r's room						k
09:30-09:40			0								k
09:40-09:50			0								k
09:50-10:00					/						k

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### Minimum Harmonized Instrument for the collection of time-use data

- Why and when using it?
  - For more frequent collections
  - As a starting point for countries not already collecting time-use data
  - To facilitate the inclusion of time-use modules in household surveys
- What does it consist of?
  - Essential Background characteristics
    - Minimum individual and household data
  - List of 25 activities covering a 24-hour period
    - Light diary survey option
    - Stylized questionnaire survey option
- International comparability
  - Correspondence table for activities between MHI and regional classifications (the Harmonized European Time-Use Surveys Classification (HETUS), CAUTAL)

	│ <b>∖</b>
☑ ☑ ☑	

### Minimum activity list

- 1. Working in paid job or income generating activities
- 2. Making goods for own household or family use
- 3. Volunteer work
- 4. Preparing and serving food and meals for own household or family members
- 5. Cleaning own or family dwelling
- 6. Maintaining and making small repairs in own or family dwelling
- 7. Cleaning and care of clothing and footwear of own household or family members
- 8. Managing own household
- 9. Taking care of pet of own household or family
- 10. Shopping for own household or family
- 11. Taking care of own (household or family) child
- 12. Taking care of or helping adults (own household or family)

SDG 5.4.1 —

- 13. Education
- 14. Socializing and communication
- 15. Community participation, civic and related responsibilities, and religious practices
- 16. Cultural, entertainment and sports events
- 17. Hobbies, games and other pastime activities
- 18. Sport participation and exercising
- 19. Reading for leisure
- 20. Watching TV/Listening to radio or streaming
- 21. Sleep
- 22. Eating and drinking
- 23. Personal hygiene and care
- 24. Travel
- 25. Other

### Light diary with fixed intervals: Italy 2023

	Che cosa sta f	facendo? Indichi una attività o al massimo due per ogni colonna, ad inter- valli di tempo di 10 minuti!		10	07:00			) B:00 30 40 50	1	09:00 20 30 4		10 20	<b>:00</b> 30 40 50		1:00 30 40 50	
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		iene e cura personale	03		X	x										03
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		avoro	05					X	x							05
		cuola, università, corsi	06													06
	Ci	ucinare, apparecchiare/sparecchiare, lavare i piatti	07			X										07
		ulire, riordinare la casa, giardinaggio	08													08
		avare, stirare e mettere a posto panni	09													09
		Cura di animali da compagnia														10
		Manutenzione, riparazioni (casa, veicoli)														11
								x								12
		cquisto servizi e altra gestione della casa e della famiglia	12 13						_							13
		ura di bambini/ragazzi della famiglia	14													14
		ura e aiuti ad adulti della famiglia	15													15
		roduzione di beni per la propria famiglia	16													16
		arlare, socializzare, uso social media	17							-						17
		ssistere a spettacoli, mostre, musei	18													18
	De	asseggiate, sport	19	_												19
	Terribo indero	eggere	20													20
		uardare/ascoltare TV, video, radio, musica	21				x							-		21
		assatempi, giochi e altre attività di tempo libero	22						_							22
		olontariato in gruppi o associazioni	23													23
		iuti diretti ad altre famiglie, comunità, ambiente	24						-							24
		artecipazione religiosa e sociale	25									-				25
	Altra attività Sp		26			-										26
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					7:00		08:0		09	:00		10:00		11:0	0	21
	Dove si trova	o come si sta spostando?			20 30	40 50		30 40 50		20 30 4	50		30 40 50		30 40 50	
	Δ	casa	28	X			x									28
LOCATION		uogo di lavoro/Scuola	29				Sec. 1		x							29
		Itro luogo	30						~				2 1 1			30
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o pro coucu		ezzo pubblico (treno, autobus, metro)	32					xx								32
	M	ezzo privato (auto, moto)	33						-				2.12			33
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# Minimum variables to be collected as background characteristics in time-use surveys

Household level	Individual level							
Minimum								
<ul> <li>Household size</li> <li>Household composition: classification based on age and sex</li> <li>Place of residence (urban/rural)</li> <li>Household income</li> </ul>	<ul> <li>Age</li> <li>Sex</li> <li>Marital status*</li> <li>Educational attainment*</li> <li>Current school attendance (and grade*)</li> <li>Current employment status*</li> <li>Labour force status *</li> <li>Labour force status of spouse/partner*</li> </ul>							
Additional as releva	nt in national context							
<ul> <li>Access and use of care services</li> <li>Presence of persons requiring help with activities of daily living</li> <li>Access to utilities</li> <li>Household wealth</li> </ul>	<ul> <li>Disability status*</li> <li>Race/ethnicity</li> <li>General health status</li> <li>Access to time-keeping devices*</li> </ul>							
* only individuals selected as respondents								

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### **Digital light diary instrument**

• Permits self-completion by respondent and/or interviewer-assisted setting

- Orop down list of activities to select from as well as pre-defined contextual information associated to the activity
- Contextual variables: Location, With whom, For whom, Information and Communication Technology (ICT) use
- Collect at least one simultaneous activity using a pre-defined list which is a subset of the MHI list
- Quality checks to be built within the instrument for travel and basic physical needs such as eating and ensure a whole 24 hours was described

Target 5.4: Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate

Indicator 5.4.1: Proportion of time spent on unpaid domestic and care work, by sex, age and location



# Metadata





### Key concepts, definitions and classifications:

Unpaid domestic and care work refers to activities related to the provision of services for own final use by household members, or by family members living in other households. These activities are listed in ICATUS under the major divisions

3. Unpaid domestic services for household and family members

Activities including food and meals management preparation, cleaning and maintaining of own dwelling and surroundings, do-it-yourself decoration, maintenance and repair of personal and household goods, care and maintenance of textiles and footwear, household management, pet care, shopping for own household and family members and travel related to previous listed unpaid domestic services.

4. Unpaid caregiving services for household and family members

Activities related to childcare and instruction, care of the sick, elderly, or disabled household and family members, and travel related to these unpaid caregiving services

### Unit of measure:

Percent (%) (proportion of time in a day)





### Sustainable Development Goals indicator 5.4.1: Proportion of time spent on unpaid domestic and care work

 $Proportion of time spent on unpaid domestic and care work = \frac{Average number of hours spent daily on unpaid domestic and care work}{24} * 100$ 

Where:

Average number of hours spent daily on unpaid domestic and care work

Total number of daily hours spent by the population on unpaid domestic and care work activities

Total population (regardless of whether they participated in the activity)

daily hours spent on unpaid domestic work = Total number of daily hours spent by the population on activities under ICATUS 3 daily hours spent on unpaid care work = Total number of daily hours spent by the population on activities under ICATUS 4



	Time-use activities											
	ICATUS 1	ICATUS 2	ICATUS 3	ICATUS 4	ICATUS 5	ICATUS 6	ICATUS 7	ICATUS 8	ICATUS 9			
Person	Employment and related activities	Production of goods for own final use	Unpaid domestic services for household and family members	Unpaid caregiving services for household and family members	Unpaid volunteer, trainee and other unpaid work	Learning	Socializing and communication , community participation and religious practice	Culture, leisure, mass media and sports practices	Self-care and maintenance	Total (in hours per day)		
Person 1	3.5	0	4	2	0.5	0	1	1	12	24		
Person 2	0	0	5	6.5	2	0	1	1.5	8	24		
Person 3	9	0	0	0	0	3.5	0.5	2	9	24		
Person 4	8	0	1.5	1.5	0	0	0	3.5	9.5	24		
Person 5	2	5	4	3	0	0	1	0	9	24		
Person 6	0	0	3	2.5	0	7	1	2	8.5	24		
Person 7	8	0	3	0	0	1	0.5	1.5	10	24		
Person 8	0	5	5	4	0	0	1	0.5	8.5	24		
Person 9	0	0	0	0	0	9	1	6	8	24		
Person 10	0	0	2.75	2	1	8	0.5	0.75	9	24		



	Time-use activities											
	ICATUS 1	ICATUS 2	ICATUS 3	ICATUS 4	ICATUS 5	ICATUS 6	ICATUS 7	ICATUS 8	ICATUS 9			
Person	Employment and related activities	Production of goods for own final use	Unpaid domestic services for household and family members	Unpaid caregiving services for household and family members	Unpaid volunteer, trainee and other unpaid work	Learning	Socializing and communication ,community participation and religious practice	Culture, leisure, mass media and sports practices	Self-care and maintenance	Total (in hours per day)		
Person 1	3.5	0	4	2	0.5	0	1	1	12	24		
Person 2	0	0	5	6.5	2	0	1	1.5	8	24		
Person 3	9	0	0	0	0	3.5	0.5	2	9	24		
Person 4	8	0	1.5	1.5	0	0	0	3.5	9.5	24		
Person 5	2	5	4	3	0	0	1	0	9	24		
Person 6	0	0	3	2.5	0	7	1	2	8.5	24		
Person 7	8	0	3	0	0	1	0.5	1.5	10	24		
Person 8	0	5	5	4	0	0	1	0.5	8.5	24		
Person 9	0	0	0	0	0	9	1	6	8	24		
Person 10	0	0	2.75	2	1	8	0.5	0.75	9	24		



		ICATUS 3	ICATUS 4	
	Person	Unpaid domestic services for household and family members	Unpaid caregiving services for household and family members	Total (in hours per day)
	Person 1	4	2	6
	Person 2	5	6.5	11.5
X	Person 3	0	0	0
	Person 4	1.5	1.5	3
	Person 5	4	3	7
	Person 6	3	2.5	5.5
	Person 7	3	0	3
	Person 8	5	4	9
×	Person 9	0	0	0
	Person 10	2.75	2	4.75

### Total population=10

Number of persons who reported doing the activity = 8

Total time spend on unpaid domestic and care work = 49.75

Average number of hours spent daily on unpaid domestic and care work

Total number of daily hours spent by the population on unpaid domestic and care work activitiesTotal population (regardless of whether they participated in the activity)



	ICATUS 3	ICATUS 4	
Person	Unpaid domestic services for household and family members	Unpaid caregiving services for household and family members	Total (in hours per day)
Person 1	4	2	6
Person 2	5	6.5	11.5
Person 3	0	0	0
Person 4	1.5	1.5	1.5
Person 5	4	3	6
Person 6	3	2.5	3
Person 7	3	0	2
Person 8	5	4	9
Person 9	0	0	0
Person 10	2.75	2	0.75

### Total population=10

Total time spend on unpaid domestic and care work = **49.75**<sup>+</sup>

Average number of hours spent daily on unpaid domestic and care work

Total number of daily hours spent by the population on unpaid domestic and care work activities Total population (regardless of whether they participated in the activity)

$$=\frac{49.75}{10}=4.975$$

### Proportion of time spent on unpaid domestic and care work

= Average number of hours spent daily on unpaid domestic and care work 24 \* 100

$$=\frac{4.975}{24}*100$$

**= 20**.7%

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# Thank you!







# Brainstorming Questions

# Join at slido.com #3569803

(i) The <u>Slido app</u> must be installed on every computer you're presenting from



How to change contraction



# What types of policies could benefit from detailed time-use data in your countries?

① The <u>Slido app</u> must be installed on every computer you're presenting from





# What challenges might national statistical offices face in collecting accurate time-use data?

① The <u>Slido app</u> must be installed on every computer you're presenting from





Test your knowledge

# How would you classify the following activity:

Helping my elderly mother get dressed

(i) The <u>Slido app</u> must be installed on every computer you're presenting from





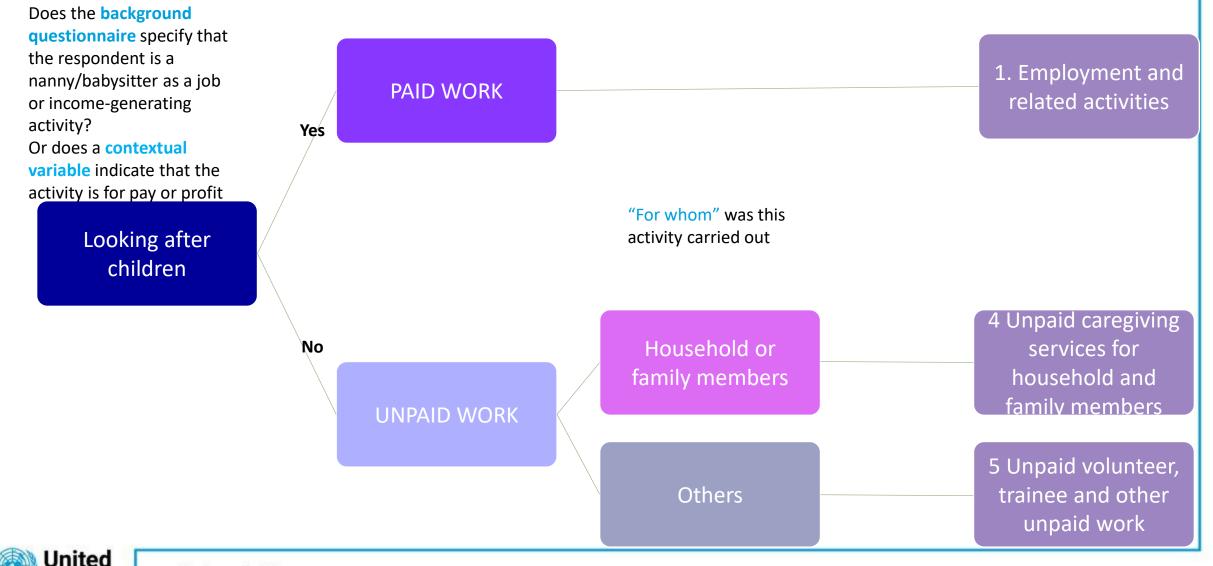
Yesterday, between 4:00 pm and 4:30 pm, I was looking after children. How do you classify this activity (mark all that apply)?

(i) The <u>Slido app</u> must be installed on every computer you're presenting from



How to change the dir

# Test your knowledge





# Select the activities that count toward SDG 5.4.1 on unpaid domestic and care work

(i) The <u>Slido app</u> must be installed on every computer you're presenting from



### Using the following data compute SDG indicator 5.4.1

	Time-use activities									
	ICATUS 1	ICATUS 2	ICATUS 3	ICATUS 4	ICATUS 5	ICATUS 6	ICATUS 7	ICATUS 8	ICATUS 9	
Person	Employment and related activities	Production of goods for own final use	Unpaid domestic services for household and family members	Unpaid caregiving services for household and family members	Unpaid volunteer, trainee and other unpaid work	Learning	Socializing and communication, community participation and religious practice	Culture, leisure, mass media and sports practices	Self-care and maintenance	Total (in hours per day)
Person 1	7	0	2	1	0	0	1	1	12	24
Person 2	0	0	0	0	1	8	2	3	10	24
Person 3	9	0	0	0	0	3	1	2	9	24
Person 4	8	0	0.5	1.5	0	0	0.5	2.5	11	24
Person 5	0	3	1	2	0	6	1	1	10	24
Person 6	4	0	0.5	0	0	7	1	2	9.5	24
Person 7	8	0	1	3	0	0	1	1	10	24
Person 8	4.5	6	3	0	0	0	2	0.5	8	24
Person 9	0	0	0	0	0	8	1	6	9	24
Person 10	5	0	0.75	0	0	8	1	0.75	8.5	24

United Nations

	ICATUS 3	ICATUS 4	
Person	Unpaid domestic services for household and family members	Unpaid caregiving services for household and family members	Total (in hours per day)
Person 1	2	1	3
Person 2	0	0	0
Person 3	0	0	0
Person 4	0.5	1.5	2
Person 5	1	2	3
Person 6	0.5	0	0.5
Person 7	1	3	4
Person 8	3	0	3
Person 9	0	0	0
Person 10	0.75	0	0.75

### Total population=10

Total time spend on unpaid domestic and care work = **16.25**<sup>4</sup>

Average number of hours spent daily on unpaid domestic and care work

Total number of daily hours spent by the population on unpaid domestic and care work activities Total population (regardless of whether they participated in the activity)

$$=\frac{16.25}{10}$$
 =1.625

 $=\frac{1.625}{24}*100$ 

**= 6.8**%

### Proportion of time spent on unpaid domestic and care work

Average number of hours spent daily on unpaid domestic and care work
24



# Thank you!

